



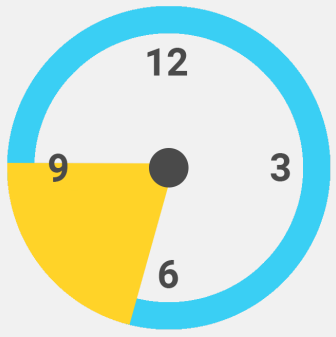
THE
BEST TIMES
TO POST ON
SOCIAL MEDIA

FACEBOOK



Monday, Wednesday &
Friday: 10am - 11am

TWITTER



Friday: 7am - 9am

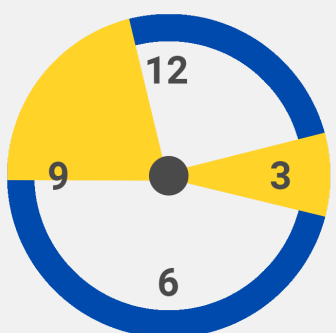
INSTAGRAM



Monday, Tuesday &
Friday: 11am

Thursday: 2pm

LINKEDIN



Wednesday: 3pm

Thursday: 9am - 10am

Friday: 11am